Anastasia Saltykova

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Introduction, showreel Instagram saltykova.info

32 years • 170 cm • slim • brown hair, brown eyes

Professional stage and screen actress.
Appeared in television series, feature films and short films that have received international awards. Extensive experience in theatre and immersive productions.
Co-creator and presenter of several television shows.

Skills and languages

Singing (mezzo-soprano) • Guitar • Dubbing, voice-over
Stage combat • Horse riding • Yoga • Driving (category B)
English (fluent) • French (intermediate)

Film & TV

Eternal Youth (Natalia Sokolova)	lead role	2026
Tuva? (Lena)	lead role	2026
Nothing to Lose (Mother)		2025
Tuva, in Search of Shambhala (doc.)		2023
Man on Earth (Anna Shestakova)	lead role	2023
The Perfect Choice (Alyona)		2021
The Clue (Arina Volk)		2021
Muse (Svetlana)	lead role	2020
Anna Detective 2 (Solange)		2020
Shuttle Traders 2 (Kira)		2018
Sklifosovsky (young Katya)		2017
Love by Order (Marina Lebedeva)		2017

Theatre

Masculine Singular 2026
Jacinthe, Shilovsky Theatre
YURIZORRO, Angel, N. V. Gogol Theatre 2025–26
Blaise, Marie 2023–25
Masquerade, Baroness, MTA
My Dear Gustav Klimt 2021
Adele Bloch-Bauer, independent production
Moscow 2048, Dr Maltseva 2016–21
Dangerous Raid, Alyona Kramer, independent production

Education

Acting 2011–2015
Institute of Russian Theatre, M. G. Rozovsky's workshop
Screen Acting: Meisner Technique, Moscow Film School, The Meisner Institute 2026
Screenwriting, A. Mitta Film School 2025
Film Directing, Industria Film School 2024–2025
Advanced Acting Training, GITIS 2021

Awards

Best Actress 2026
5th Buddhist International Film Festival (short film "TUVA?")
Audience Award 2023
ARFF Berlin International Film Festival ("Extreme Kitchen")
Best Actress 2021
SOL Russian Film Festival (short film "Muse")
Grand Prix for Best Production 2014
"Golden Autumn", Hungary







